

## Natural Beauty

*Holistic Sisters started as two sisters who wanted to provide family and friends with natural alternatives to mass produced, artificial products that are full of ingredients that cause more harm than good. We were amazed at how many people are starving for knowledge about how to take care of themselves in a more natural way. More and more requests outside of our 'inner circle' prompted us to offer our homemade goods to the public. We grow a lot of our own herbs used in our products, so we know they are free of pesticides and artificial fertilizers! Those that we do purchase are from reputable sources. Our products are hand made in our own homes just like we make them for ourselves! The packaging is sterilized and tamper-proofed. We are constantly experimenting with new scents and herbal blends, so if there is a combination you would like to see, please ask! We hope you enjoy our creations as much as we do!*



*Holistic Sisters*

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*Holistic Sisters*



*Price List*

*Tel: 330-772-2125*

## About Us...

Our herbal interests began with illnesses and conditions of family members who just weren't getting better by conventional allopathic medicine. We started doing research (mostly through the internet) and finding out that there are alternatives out there if you're willing to try some new things and be patient! Herbal medicine isn't a 'quick fix'. You really need to be committed to living a healthy lifestyle and buy into the whole package to make it work for you.

Our herbal education is ongoing. I am currently enrolled in a Master Herbalist course with the Global College of Natural Medicine.



### Price List

(+ 6.5% sales tax)

Cream—4 oz. \$7.50

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Cream—2 oz. \$4.00

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Lotion—4 oz. \$6.00

\*\* 2 oz. \$3.00

Lip Balm—.15 oz. \$2.00

Handmade soaps \$3-\$5

Various fragrances/herbal combinations—check availability

Shower gel—4 oz. \$6.00

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Healing ointment (rashes, burns, etc.) - 2 oz. \$7.00

Injury ointment (helps soothe aching muscles and accelerate the healing of injured tissue) - 2 oz. \$7.00

Plantain ointment (itchy rashes, poison ivy, etc.) - 2 oz. \$7.00

Antibiotic ointment—2 oz. \$7.00

Invigorating body scrub—4 oz. \$5.00

\*\* Cream and lotion fragrances: Lavender, White Ginger & Amber, Lily of the Valley, Almond/Vanilla, Plumeria, Ginger, Sensual, Ginger Milk, Rose, Cherry Almond, Bayrum, Lemon Verbena, Cherry Blossom, Lilac, 5-fold orange, hinoki wood

Can be made with no fragrance for those with sensitive systems!

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